



Delaware Smile Center

Family Dentistry & Orthodontics

Crowns and Bridges

- Crowns and Bridges are usually completed in two appointments. First your teeth are prepared for a permanent crown/bridge and a temporary crown/bridge is placed on the teeth for protection.
- A temporary crown/bridge is easily removed; therefore care must be taken not to dislodge it before your permanent crown/bridge is placed.
- Do not chew sticky foods such as caramel. When flossing, slide the floss down between the teeth, but pull the floss out from the side; do not pop it up as this may dislodge the temporary.
- If your temporary crown/bridge comes off and the office is closed, you can place store bought temporary adhesive or denture adhesive inside it and put it back on, then call our office during normal business hours and we will re-cement it for you. Be sure to clean any excess adhesive off the gums. Do not forget to bring the temporary with you to the appointment! Do not leave your temporary off, even if you have no discomfort. Without a temporary crown/bridge to hold your teeth in place, your teeth can move causing your new crown or bridge not to fit. If that occurs, the entire process would need to be started over from the beginning.
- Your gums may be sore. Warm salt water rinses will speed healing.
- You may have sensitivity to hot or cold. This is common and is normal.
- If you feel like you are biting first or harder on your temporary or permanent crown/bridge, call us for an adjustment or you may develop a sore tooth.
- Be sure to brush and floss your new crown bridge. With a bridge, you will need a special floss threader or other aids to reach and clean all areas properly. It is important to keep your teeth and gums exceptionally clean while wearing your temporary crown/bridge. This will allow for proper cementation of the final restoration.
- If you have any questions or concerns, please do not hesitate to call our office.